

Title of Document: List of Accessible Trails in BC

Overview: This document contains a listing of paths and trails around BC, excluding the Lower Mainland and Sunshine Coast, that are wheelchair accessible. Remember that standards differ and it is your responsibility to make sure that trails are suited to your needs. See each link for specific locations and directions.

Vancouver Island Trails: Elsie King Trail-Francis King Regional Park, Victoria
<https://www.crd.bc.ca/parks-recreation-culture/parks-trails/find-park-trail/francis-king>

The Elsie King Trail is a self-guided interpretive trail that brings people with limited mobility and agility closer to nature. This forest loop includes interpretive signs, rest areas with benches and a shelter.

Galloping Goose Trail, southern Vancouver Island
http://www.gallopinggoosetrail.com/pdf/gallop_goose_info.pdf

The sections of trail in Victoria and Saanich are paved.

Goldstream Provincial Park
<http://www.env.gov.bc.ca/bcparks/explore/parkpgs/goldstream/#Hiking>

Accessible salmon-viewing trail.

Strathcona Provincial Park Paradise Meadows Trail
www.env.gov.bc.ca/bcparks/explore/parkpgs/strath/
4.2 km return, about 1.5 hours. An easy walk through flowered sub-alpine meadows on a disabled access boardwalk and gravel trail. The trailhead is located at the parking lot of the Mount Washington Nordic ski area, 25 km from Courtenay.

Lighthouse Country Regional Trail
<http://www.rdn.bc.ca/lighthouse-country-regional-trail>

This trail and area offer beautiful views and the right trail surface to enable anyone to get out in the woods easily.

Tofino Shorepine Bog Trail, Pacific Rim National Park

<https://www.gotofino.com/tofinobeachestrails/all-beaches-trails/shoreline-bog-trail-tofino-bc/>

Level boardwalk loop trail of 800 meters.

Interior and Kootenays Accessible Trails:

Mount Revelstoke

<https://www.pc.gc.ca/en/pn-np/bc/revelstoke/activ/randonee-hiking>

This national park has several accessibility features, including an option to drive to the summit (with disabled parking permit). Several short trails near the summit are accessible, with spectacular views.

Adaptive Trails in the Kootenays

<https://www.kootenayrockies.com/accessible-trails-kootenays/>

Site lists trails across the Kootenay region.

Kaslo River Trail, Kaslo

http://www.waymarking.com/waymarks/WMK2VW_Kaslo_River_Trail_Kaslo_BC

This trail includes a 1.2 km wheelchair friendly section on the north side of the river.

Rossland Range Recreational accessible trail and cabin.

Accessible trail about one kilometre long.

<http://rosslandrange.org/RRRS/index.html>

Osoyoos Desert Boardwalk

<https://www.desert.org/>

1.5 kilometre boardwalk in Osoyoos at the Desert Centre.

Penticton Okanagan Lake shore trail

The lakeshore trail in Penticton, on the edge of Okanagan Lake, is accessible along its main sections near the beach (with a ramp to the sandy beach), Japanese garden and restaurants. Accessible washrooms are located along the path and signage is strong. Accessible parking is available.

Kettle Valley Rail Trail

Many sections of this trail are accessible as maximum grades are 2.2% or less. Surfaces are hard packed dirt and gravel, with wooden trestle bridges. Some users may experience difficulty with occasional uneven trail surfaces. Some outhouses along the trail are accessible. We recommend an electric assist device for longer distances.

<https://www.hellobc.com/stories/5-places-to-experience-bcs-kettle-valley-rail-trail/>

Okanagan Rail Trail

Hard packed level trail connects communities across the Okanagan, with multiple entry points, some accessible outhouses, and accessible parking.

<https://okanaganrailtrail.ca/trail-map>

Rivers Trail, Kamloops

An easy paved trail through parks and along the river.

<https://www.tourismkamloops.com/blog/post/your-guide-to-the-kamloops-rivers-trail/>

Isobel Lake, near Kamloops

<http://hikekamloops.ca/isobel-lake/>

Wheelchair accessible trail around a lake, site includes accessible outhouses and parking.

Tatlayoko Trail, Cariboo-Chilcotin Region

<https://www.cariboord.ca/en/recreation-and-leisure/accessible-trails.aspx>

The surface of the trails is mining belting which was donated by one of the local mines. It makes a very smooth trail surface and is also great for jogging or inline skating. The existing trails are right on the lake—a super spectacular setting with the surrounding mountains, the Niut Range and Potato Ranges.

Churn Creek

<https://www.cariboord.ca/en/recreation-and-leisure/accessible-trails.aspx>

Located near Williams Lake, off Highway 20. This trail is gentle and scenic. Accessible picnic and outhouse facilities are provided.

Cottonwood House Historic Site, Quesnel

<https://www.cariboord.ca/en/recreation-and-leisure/accessible-trails.aspx>

Near Quesnel, this site has a number of accessible trails in addition to the historic buildings.

Dugan Lake

<http://www.sitesandtrailsbc.ca/search/search-result.aspx?site=REC2538&type=Site>

New trail with accessible camping and fishing spaces. The trail is gentle with one steeper section. The access is from 150 Mile House on the Horsefly Road.

Gavin Lakeshore Trail

Accessible boardwalk and viewing platform at Gavin Creek, accessed from either 150 Mile House or McCleese Lake, north of Williams Lake.

<http://www.trailpeak.com/trail-Gavin-Lakeshore-Trail-near-Williams-Lake-BC-11137>

The Horsefly Wheelchair Accessible Salmon Habitat Viewing Trail

<https://www.cariboord.ca/en/recreation-and-leisure/accessible-trails.aspx>

Approximately 2.2 km long and featuring a packed, crushed gravel surface, the trail meanders along the Horsefly River and has a viewing platform overlooking the convergence of the Horsefly River. Very gentle grade with one optional section that has a steeper slope. There is an accessible outhouse.

Sepa Lake, near 100 Mile House

<https://www.cariboord.ca/en/recreation-and-leisure/accessible-trails.aspx>

Wheelchair accessible outhouse, new signage, trail resurfacing, and reduction of the steep trail grade over the Sepa Lake Bridge. The trail is approximately 2 km of easy grade while the rest offers a mid level difficulty spread over 7 km.

Sisters Creek, near Kersley

<https://www.cariboord.ca/en/recreation-and-leisure/accessible-trails.aspx>

The trail is approximately 800 metres long and leads to a wheelchair friendly viewpoint overlooking the Fraser River. The trail features a packed, crushed gravel surface and has a gentle grade with one short steeper section.

Northern Accessible Trails: Universal Boardwalk at the Ancient Forest, near Prince George

<https://bcparks.ca/explore/parkpgs/ancient-forest/>

This new boardwalk stretches for 400 metres through inland temperate rainforest and ancient cedars, ending at a viewpoint overlooking a stream. There is designated parking and an accessible outhouse. The site is about 113 kilometres east of Prince George on Highway 16.

Eskers Provincial Park, near Prince George

www.env.gov.bc.ca/bcparks/explore/parkpgs/eskers/

This park has a short trail that may be accessible to users comfortable on hard packed dirt trails. There are wildlife viewing areas near the parking lot. The outhouse by the main parking lot is not accessible but there is an accessible outhouse on Circle Lake, which you can drive to.

Great West Life Mobility Trail, near Prince George

<http://www.sitesandtrailsbc.ca/search/search-result.aspx?site=REC160974&districtCode=RDPG&type=Site>

Located at Dougherty Creek, off Highway 97, just south of Prince George. This 450 metre trail includes picnic spots and has an accessible outhouse.

Rod Reid Nature Trail, Burns Lake

<https://visitburnslake.ca/to-do/rod-reid-nature-trail/>

Wide and flat accessible trail through a slough, with lots of bird watching opportunities.

Driftwood Canyon, near Smithers

http://www.env.gov.bc.ca/bcparks/explore/parkpgs/driftwood_cyn/

Accessible trail to fossil beds.

Naikoon Park, Tow Hill Trail

Boardwalk trail to a viewpoint overlooking the blowhole. Accessible outhouse with accessible camping in the area.

<http://www.env.gov.bc.ca/bcparks/explore/parkpgs/naikoon/>

Useful References:

Access BC

<https://sci-bc.ca/accessible-recreation/>

Access BC, an initiative of Spinal Cord Injury BC, can help you make the most out of any trip! Our accessibility audits, tourism partners, and input from people with disabilities have been instrumental in the creation of various resources to help make your travel and outdoor recreation go smoothly.

BC Mobility Opportunities Society

www.bcmos.org

Information about trails and organized hikes, and renting the Trail Rider.