

Title of Document: List of Meals on Wheels Programs in BC

Overview: This document contains a list of Meals on Wheels

and similar meal delivery programs in BC, excluding the Lower Mainland. Programs are listed under

each community name.

Cowichan Valley: Meals on Wheels

Ph: 236 844-2157

https://cgcf.ca/meals-on-wheels/

Kamloops: Meals on Wheels

Ph: 250 376-3660

https://interiorcommunityservices.bc.ca/programs/mea

Is-on-wheels/

Kelowna: Kelowna Meals on Wheels

Ph: 250-763-2424

https://www.mow-online.com/

Nanaimo: Meals on Wheels

Ph: 250-753-1300

https://www.kiwanisvillage.ca/services/meals-on-

wheels/

Parksville: Meals on Wheels

Ph: 250-248-2093

https://sosd69.com/meals-on-wheels/?Itemid=120

Penticton: Penticton Meals on Wheels

Ph: 250-492-9095

http://www.mealsonwheelspenticton.org/

Prince George: Prince George Council of Seniors

Ph: 250 564 5888

http://www.pgcos.ca/?page\_id=1679

Vernon:	Schubert Centre Meals on Wheels Ph. 250 549-4201
	https://www.schubertcentre.com/general-4