



Spinal Cord Injury BC

InfoLine 1-800-689-2477

Title of Document: **List of Meals on Wheels Programs in the Lower Mainland**

Overview: This document contains a list of Meals on Wheels and similar meal delivery programs in the Lower Mainland. Programs are listed under each community name.

Abbotsford: **Abbotsford Community Services Meals on Wheels**
2420 Montrose Ave,
Abbotsford, BC V2S 3S9
Ph: 604 870-3764
<https://archway.ca/program/meals-on-wheels/>

Burnaby: **Burnaby Meals on Wheels**
2055 Rosser Ave,
Burnaby, BC V5C 0H1
Ph: 604 299-5754
<http://burnabymeals.ca/>
Western and Chinese options available.

Better Meals Inc
5742 Beresford St.
Burnaby, BC V5J 1J1
Ph. 604 299-1877
<http://www.bettermeals.ca/>

Chilliwack: **Chilliwack Community Services Meals on Wheels**
Ph. 604 793-7242
<http://www.comserv.bc.ca/meals-on-wheels/>

Ladner and Tsawwassen **Deltassist**
Ph: 604 946-9526
deltassist.com/about-deltassist/organization?id=741

Langley: **Langley Meals on Wheels**
Ph: 604 533-1679
<http://lmow.ca/>

For further information on SCI BC programs and services check out our website at www.sci-bc.ca

Disclaimer: SCI BC will attempt to keep content information as up to date and current as possible. SCI BC does not make any representation with respect to the quality of the service or products and the customer is responsible for making all necessary inquiries to protect themselves before contracting, utilizing or products

Spinal Cord Injury BC 780 SW Marine Drive, Vancouver, BC V6P 5Y7

Maple Ridge and Pitt Meadows:

Maple Ridge and Pitt Meadows Meals on Wheels

Ph: 604 467-6911

<https://www.comservice.bc.ca/program/meals-on-wheels-community-meal-delivery-program/>

New Westminister:

Seniors Services Society Meals on Wheels

750 Carnarvon St.

New Westminister, BC V3M 1E7

Ph: 604 520-6621

<http://www.seniorsservicessociety.ca/smow.htm>

North Shore:

North Shore Meals on Wheels

Ph: 604-922-3414

<https://www.carebc.ca/north-shore-mow.html>

Port Coquitlam:

PoCoMo Meals on Wheels

PO Box 304 STN MAIN

Port Coquitlam BC V3C 4K6

Ph: 604 942-7506

<http://pocomomealsonwheels.com>

Surrey:

Surrey Delta North Meals on Wheels

#332, 7360 137 Street

Surrey, BC V3W 1A3

Ph: 778 590-1433

<http://www.sndmow.com>

Vancouver and Richmond:

Vancouver and Richmond Meals on Wheels

Ph. 604 732-7638

Ph. 604 733-6615 (English or Cantonese service)

<https://www.carebc.ca/meals-on-wheels.html>

Western and Chinese meals available. Service available in English or Cantonese.

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