



**Title of Document:**

**List of Accessible Trails in BC**

**Overview:**

This document contains a listing of paths and trails around BC, excluding the Lower Mainland and Sunshine Coast, that are wheelchair accessible. Remember that standards differ and it is your responsibility to make sure that trails are suited to your needs. See each link for specific locations and directions.

**Vancouver Island Trails:**

**Elsie King Trail-Francis King Regional Park, Victoria**

<https://www.crd.bc.ca/parks-recreation-culture/parks-trails/find-park-trail/francis-king>

The Elsie King Trail is a self-guided interpretive trail that brings people with limited mobility and agility closer to nature. This forest loop includes interpretive signs, rest areas with benches and a shelter.

**Gallopig Goose Trail, southern Vancouver Island**

<https://www.crd.ca/parks-recreation/find-park-or-trail/gallopig-goose-regional-trail>

The sections of trail in Victoria and Saanich are paved.

**Goldstream Provincial Park**

<https://bcparks.ca/goldstream-park/#Hiking>

Accessible salmon-viewing trail.

**Kinsol Trestle, Shawnigan Lake**

<https://cvsrd.ca/parks/kinsol-trestle/>

Mostly flat crushed gravel trail and refurbished trestle with great views.

**Lighthouse Country Regional Trail**

<http://www.rdn.bc.ca/lighthouse-country-regional-trail>

This trail and area offer beautiful views and the right trail surface to enable anyone to get out in the woods easily.

**Malahat Skywalk, near Victoria**

<https://malahatskywalk.com/>

Malahat SkyWalk is a new, accessible outdoor experience located just 35 minutes north of Victoria. Visitors journey through the forest along the elevated TreeWalk and up the spectacular Spiral Tower. Some active wheelchair users may be able to use the slide to come down (they will bring your chair down for you) or may choose to wheel down. There is a site fee.

### **Parksville Waterfront Walkway**

<https://www.parksville.ca/cms.asp?wpID=653>

Accessible beachfront walkway.

### **Strathcona Provincial Park Paradise Meadows Trail, near Courtenay**

<https://bcparks.ca/strathcona-park/>

4.2 km return, about 1.5 hours. An easy walk through flowered sub-alpine meadows on a disabled access boardwalk and gravel trail. The trailhead is located at the parking lot of the Mount Washington Nordic ski area, 25 km from Courtenay.

### **Tofino Shorepine Bog Trail, Pacific Rim National Park**

<https://www.gotofino.com/tofinobeachestrails/all-beaches-trails/shoreline-bog-trail-tofino-bc/>

Level boardwalk loop trail of 800 meters.

## **Interior and Kootenays Accessible Trails:**

### **Accessible Trails in the Cariboo**

<https://www.cariboord.ca/recreation-and-culture/green-spaces-and-accessible-trails/>

Wide range of accessible trails throughout the Cariboo Regional District, including 100 Mile House, 150 Mile House, Horsefly, Williams Lake, Quesnel, and along Highway 20 west of Williams Lake,

### **Adaptive Trails in the Kootenays**

<https://www.kootenayrockies.com/accessible-trails-kootenays/>

Site lists trails across the Kootenay region.

### **Grasslands Loop Trail, Kamloops**

<https://hikekamloops.ca/grasslands-loop/>

Hard packed gravel loop trail recently upgraded for accessibility.

### **Isobel Lake, near Kamloops**

<http://hikekamloops.ca/isobel-lake/>

Wheelchair accessible trail around a lake, site includes accessible outhouses and parking.

### **Kaslo River Trail, Kaslo**

<https://www.nelsonkootenaylake.com/listing/kaslo-river-trail>

This trail includes a 1.2 km wheelchair friendly section on the north side of the river.

### **Kettle Valley Rail Trail**

Many sections of this trail are accessible as maximum grades are 2.2% or less. Surfaces are hard packed dirt and gravel, with wooden trestle bridges. Some users may experience difficulty with occasional uneven trail surfaces. Some outhouses along the trail are accessible. We recommend an electric assist device for longer distances.

<https://www.bcrailtrails.com/rail-trail/kettle-valley-rail-trail-complete-route/>

### **Mount Revelstoke**

<https://parks.canada.ca/pn-np/bc/revelstoke/visit/accessible>

This national park has several accessibility features, including an option to drive to the summit (with disabled parking permit). Several short trails near the summit are accessible, with spectacular views.

### **Okanagan Rail Trail**

Hard packed level trail connects communities across the Okanagan, with multiple entry points, some accessible outhouses, and accessible parking.

<https://okanaganrailtrail.ca/trail-map>

### **Osoyoos Desert Boardwalk**

<https://www.desert.org/copy-of-visit-us>

1.5 kilometre boardwalk in Osoyoos at the Desert Centre.

### **Penticton Okanagan Lake shore trail**

The lakeshore trail in Penticton, on the edge of Okanagan Lake, is accessible along its main sections near the beach (with a ramp to the sandy beach), Japanese garden and restaurants. Accessible washrooms are located along the path and signage is accurate. Accessible parking is available.

### **Rivers Trail, Kamloops**

An easy paved trail through parks and along the river.

<https://www.tourismkamloops.com/blog/post/your-guide-to-the-kamloops-rivers-trail/>

### **Rossland Range Recreational accessible trail and cabin.**

Accessible trail about one kilometre long.

[http://www.rosslandrange.org/RRRS/Docs/2020Map%20-%20South%20\(hi-res\).pdf](http://www.rosslandrange.org/RRRS/Docs/2020Map%20-%20South%20(hi-res).pdf)

## **Northern Accessible Trails: Driftwood Canyon, near Smithers**

<https://bcparks.ca/driftwood-canyon-park/>

Accessible trail to fossil beds.

## **Eskers Provincial Park, near Prince George**

<https://bcparks.ca/eskers-park/>

This park has a short trail that may be accessible to users comfortable on hard packed dirt trails. There are wildlife viewing areas near the parking lot. The outhouse by the main parking lot is not accessible but there is an accessible outhouse on Circle Lake, which you can drive to.

## **Great West Life Mobility Trail, near Prince George**

<https://www.sitesandtrailsbc.ca/resource/REC160974>

Located at Dougherty Creek, off Highway 97, just south of Prince George. This 450 metre trail includes picnic spots and has an accessible outhouse. The campground across the parking lot has accessible sites.

## **Naikoon Park, Tow Hill Trail, Haida Gwaii**

Boardwalk trail to a viewpoint overlooking the blowhole. Accessible outhouse with accessible camping in the area.

<https://bcparks.ca/naikoon-park/>

## **Otway Ski Centre, Prince George**

<https://caledonianordic.com/trails-facilities/trails/summer-trails/>

Paved multi-used trails. Accessible flush toilets on site but may not be open all year. Parking lot and access from there to the trail are not paved. Trail has some steeper sections that may not be accessible to all manual chair users.

## **Rod Reid Nature Trail, Burns Lake**

<https://www.burnslake.ca/visit-burns-lake/things-do/hiking>

Wide and flat accessible trail through a slough, with lots of bird watching opportunities. See the website for other accessible trails in the area.

## **Universal Boardwalk at the Ancient Forest/Chun T'oh Whudujut Park, near Prince George**

<https://bcparks.ca/explore/parkpgs/ancient-forest/>

This boardwalk stretches for 400 metres through inland temperate rainforest and ancient cedars, ending at a viewpoint overlooking a stream. There is designated parking and an accessible outhouse. The site is about 113 kilometres east of Prince George on Highway 16.

### **Willowvale Wetlands Trail, Smithers**

<https://www.smithers.ca/parks-recreation-culture/parks-fields-trails>

Located right in town, this marshy area is a great place for bird watching and exploring the marsh ecosystem. Features an accessible outhouse, smooth surfaces, and gentle slopes, with recent upgrades to the accessibility features.

### **Useful References:**

#### **BC Parks**

<https://bcparks.ca/find-a-park/>

Find information about all BC Parks facilities in BC. You can filter by amenity, including accessibility information.

#### **BC Mobility Opportunities Society**

[www.bcmos.org](http://www.bcmos.org)

Information about trails and organized hikes in the Lower Mainland. Make arrangements to rent the TrailRider elsewhere in BC.