

**Title of Document:**                    **Treadmill Therapy Information**

**Overview:**                                This document contains some information about treadmill therapy and where you can access programs in Canada, as well as equipment you might find useful.

**Programs and Research:**    Some research institutes have a Lokomat for research purposes. See the ICORD website to read about previous studies involving the Lokomat and to see if any new studies are recruiting.

<https://icord.org/research/research-studies/>

Some rehab units across the country may be getting a Lokomat or similar device. Some private clinics may also have access to a Lokomat or other gait training equipment. Contact your local rehab unit for details or try one of the following:

**PARC Gym at ICORD**

818 West 10th Ave  
Vancouver, BC, V5Z 1M9  
Ph: 604 675-8814

<http://icord.org/parc/>

The PARC gym is specifically set up for people with spinal cord injury. While they do not have a Lokomat or treadmill available at present, they have many other pieces of accessible equipment to try.

**NeuroMotion Physiotherapy**

369 Terminal Ave.  
Vancouver, BC V6A 4C4  
Ph: 604 732-8500

and

100 775 Topaz Ave.  
Victoria, BC V8T 4Z7

Ph: 250 590-7878

<https://neuromotion.ca/lokomat-gait-training>

A private clinic with a Lokomat at its locations in Vancouver and Victoria.

## Useful References:

### **Lokomat**

<https://www.hocoma.com/solutions/lokomat/>

Learn more about the Lokomat.

### **SCI BC Information Database**

<https://sci-bc.ca/sci-info-database/>

Check out the other resources available under Fitness/Exercise or Sports to find out about other exercise or equipment options that will help with overall wellness.